Contacting Your Legislator

Write a Letter

One of the best ways to communicate your ideas to your Representative and Senator is to write a letter. Include your Representative's or Senator's name and the following address on a stamped envelope:

(Representative's or Senator's Name)
Legislative Office Building
300 Capitol Avenue
Hartford, CT 06106

The Connecticut General Assembly Online

On the website you'll find resources for finding and contacting your Legislators as well as researching bills.

https://cga.ct.gov/



Capitol Information and Tours — (860) 240-0222 capitol.tours@cga.ct.gov

Your ideas count too!

Even though you can't vote yet, you can still be involved and informed about government.

You can:

- Write a letter or email to your Legislator
- Talk to people who can vote
- Visit the Connecticut General Assembly (CGA) website
- Watch the CGA in action on CT-N
- Visit the Capitol with your family or your class
- Go to town hall meetings in your hometown

